

PanAway®

Introduction

PanAway essential oil blend is a proprietary blend of helichrysum, wintergreen, clove, and peppermint designed to relieve muscle soreness and tension.

History



If you have localized soreness after gardening, shopping, working out, or any other physical activity, reach for PanAway. This proprietary blend is made of Young Living Therapeutic Grade™ essential oils that penetrate the skin and soothe soreness after strenuous activity. Young Living founder

Gary Young created the blend after a severe injury to his leg. It integrates the soothing properties of helichrysum, wintergreen, clove, and peppermint, and can be used to relieve sore muscles and enhance overall well-being.

Key Ingredients



- Helichrysum has been studied by European researchers for regenerating tissue and improving circulation. In short supply, helichrysum is one of Young Living's most prized essential oils.



- Wintergreen has historically been used to reduce various types of discomfort.



- Clove stimulates and revitalizes immune function and is known for its antioxidant properties.



- Peppermint is one of the most highly regarded herbs for soothing discomfort. It has also been found to relieve tension and discomfort of the neck and head.

Primary Benefits

- PanAway helps counter stressed nerves.
- PanAway eases tight, sore muscles.
- Peppermint and wintergreen essential oils soothe sore joints and ligaments.

How to Use

Apply to the bottoms of feet and follow with localized topical application. Rub on temples, back of neck or forehead, or inhale for a soothing effect. Use with a compress along the spine.

Caution

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a healthcare practitioner prior to use. Keep away from eyes and mucus membranes; avoid using on or near sensitive skin.

Frequently Asked Questions

Q. Is PanAway effective for massage?

A. PanAway can be blended with V-6™ Enhanced Vegetable Oil Complex for a calming massage. In fact, PanAway is an important essential oil in Young Living's Raindrop Technique®.

Q. Is PanAway safe for use on children?

A. PanAway should not be used on children under the age of eighteen months. For children over the age of eighteen months, consult with your child's physician. Individual skin sensitivities vary and should be monitored closely.

Testimonials

Tendonitis is no match for PanAway

Author: Betty Walczak

Posted: Sep 02, 2007

My son-in-law had developed tendonitis as a result of his working out with weights. It was very painful and he was told that he would never be able to workout with weights again. I gave him my bottle of PanAway and encouraged him to start using it. He said that it's aroma was similar to something else that other men used at the gym. The only difference was that the PanAway actually gave his body the support it needed to heal.

As the tendonitis lessened he started to work out with weights again. He has totally recovered from the tendonitis and enjoys his workout sessions regularly. He says he feels as if he never had tendonitis. We thank God for His healing oils

PanAway for a knee that would not bend

Author: Ann Barrante

Posted: Oct 27, 2010

I am new to oils and was blown away with PanAway. I had some minor surgery which left my knee swollen and very stiff. I could not bend my knee. I used ice and then followed up with 4-5 drops of PanAway. Four hours later I could bend my knee. I was so amazed I could not get back to sleep!! Wow

Panaway for carpal tunnel pain

Author: Debbie Millies

Posted: May 29, 2008

My dad had carpal tunnel in both wrists. He had surgery on one. It was so painful he did not want to go for the other. He has been using

Panaway on it whenever he has pain. He is thankful there is something that he can do besides more surgery. He also uses panaway for arthritis in his knees, feet and shoulder. He is a true believer in the oils.

PanAway worked well on joint pain

Author: Cindy McIlrath

Posted: May 11, 2009

I am 40 years old and coach my five year old daughter's softball team. After a game, we were running in our cleats on cement (I know, not smart) and I hurt my side and back. I have a VERY bad back after a car accident, a boating accident and a horseback riding accident. It is truly a miracle that I walk. Anyway, it doesn't take much to put me out of commission. By the time I got home, with every breath I took I was in pain. I remembered reading about PanAway and so I opened a bottle. I mixed four drops of V6 with two drops of PanAway and rubbed it on the areas and I kid you not within five minutes the pain was GONE and it hasn't returned. PanAway is my new best friend!

Knee injury was helped by PanAway

Author: Sandy Weaver

Posted: Jan 04, 2005

My daughter injured her knee when she was raking leaves. She thought that she had dislocated the knee and went for physiotherapy with very slow results and she continued to be in pain. I sent her a bottle of PanAway to use and she told me that the pain subsided to almost nothing and she was able to walk again without having to hobble. She credits PanAway for helping her get back to almost normal in a very short period of time.

Leg pain ceased in an unbeliever

Author: Kate Reust

Posted: Oct 22, 2010

My son has started riding a bike recently in

Seattle. With all the hills this has been quite a learning curve on his body. He takes in a LOT of milk which has actually not helped and he developed extreme muscle spasms in his legs to the point he was having difficulty walking. I had him sit down and put a few drops of the PanAway on each leg (quads and calves) and rub it in. I love him - my son the skeptic. Said 'yeah right this will do 'jack'.' But being mine - he sat down and put the PanAway on. Two minutes later he's giving me a big hug! 'OH MAN IT WORKED - I CAN WALK AGAIN!'. I had him follow it with some Aroma Seiz, and to cut down the milk intake. Gotta love my YLEO!

Panaway for husbands sore muscles

Author: Barbara Sullivan

Posted: Mar 27, 2010

My husband was not interested in essentials oils UNTIL he came home from work with shoulder, upperarm and neck pain. He asked if I had anything to help with the muscle pain. Panaway to the rescue! Diluted with a little olive oil, I rubbed about 30 minutes or until he was fast asleep. The next morning, he felt great. We have done this now after several days of overworked muscles. He calls Panaway--My Panaway!

Fibromyalgia chronic pain helped

Author: Donna Cantone

Posted: Sep 29, 2010

I have referred folks with chronic pain from Fibromyalgia to use Young Living's PanAway. You can rub directly on the sore spot and it does allow warmth and healing to penetrate. Another product for chronic pain which is great to carry is Deep Relief Roll On. I like it because it's convenient to carry in a purse or briefcase. PanAway has wintergreen and clove oil and can also be used on bruises and for muscle

tension. Deep Relief contains PanAway and other oils for soothing long lasting relief.

Chronic neck pain relieved with PanAway

Author: Jacquelyn Kington

Posted: Feb 27, 2007

I had several whip lash injuries in a period of a few years some years ago. I had many many chiropractic treatments but could never get my neck well. It was considered a chronic problem I'd always have to deal with.

After being introduced to Young Living, I purchased PanAway and began applying it to my neck. My body wanted it around my right ear where it attaches so I applied it there and on the other ear in the same way. Then along my hair line in the back and down the sides of my neck. The pain relief, feeling of well being and mental clarity was almost instantaneous. I couldn't believe it. But the best part is that my neck gradually healed which completely amazed me.

I was told by my chiropractor that it would probably not get any better at my age. I do use PanAway now almost every day as a routine thing when I apply my other daily oils. The only time my neck bothers me now is if I do heavy lifting or re-injure it some way, like falling. Then out comes the PanAway and deep muscle work if needed that make short work of that.

Discomfort in wrists eased with PanAway

Author: Sheryl Glenn

Posted: Jun 20, 2008

With the repetitive stress pain in my wrists, I get relief for days by alternating with PanAway and deep relief essential oil blends applied to the area. It feels wonderful to type without pain.

Sacral iliac joint pain and PanAway

Author: Wendy Schaiman

Posted: Jul 17, 2008

Several months ago I injured my sacral iliac joint which caused severe pain standing, sitting, walking and lying down. I went thru 4 weeks of Physical therapy 3x per week to heal it. Just recently while vacuuming, I reinjured the same spot, and decided to try panaway every 2 hours and using a cold compress in between treatments. It felt better after the 1st treatment and now 3 days later I have no pain

Panaway for earache

Author: Judy Kerr

Posted: Sep 06, 2010

I had a bit of a cold for a few days which went away by itself but I was left with an earache. I tried the usual remedies to no avail and thought I would have to go to the doctor. It was very painful so I tried 2 drops of Panaway which I put behind my ear and down the gland in my neck and down the front of my ear. This is where the pain was most intense. Within minutes the pain disappeared and was gone for the rest of the day. It returned that night but to a lesser extent. I applied same each night for the next 3 nights and the pain was no longer there. Saved me a trip to the doctor.

Hand and wrist pain gone with PanAway

Author: Sandi Biquet

Posted: Jun 16, 2008

After spending many hours painting the trim in my house the next day my hand hurt to move it in any direction. I rubbed PanAway into it three times that day and on the following morning there was still some sensitivity so I applied a couple more drops. I believe it was supportive in that I have had no more pain since then.