

Valor®

Introduction

Valor is an empowering blend of spruce, rosewood, blue tansy, and frankincense Young Living Therapeutic Grade™ essential oils. Designed to increase feelings of strength and courage, this popular blend is also now available in the convenience of a portable roll-on applicator.

History



Physical and spiritual alignment is essential to overall health and well-being. Young Living's Valor essential oil blend empowers the mind and increases self confidence. Combining the balancing properties of spruce, rosewood, blue tansy, and frankincense essential oils, this

blend aids in visualizing and attaining self empowerment. Valor can help you reach your fullest potential, whether used as a fragrance, in the Raindrop Technique®, or for tension relief. Also try the Valor Essential Oil Roll-On to boost your self-confidence wherever you go.

Key Ingredients



Spruce helps to open and release emotional blocks, bringing about a feeling of balance and grounding.



Rosewood has a balancing effect on emotions and may help to uplift feelings of despair. Rosewood also helps to create synergy with the other essential oils.



Blue Tansy helps aid liver function and calm the lymphatic system, helping one to overcome anger and negative emotions and promote a feeling of self-control.



Frankincense contains sesquiterpenes which enable it to go beyond the blood-brain barrier. There frankincense helps elevate the mind and overcome feelings of sadness and despair. The fragrance of frankincense also increases spiritual awareness and enhances meditation.

Primary Benefits

- Valor essential oil blend helps promote feelings of courage, confidence, and self-esteem.
- Valor has been found to help the body self-correct its balance and alignment.
- Rosewood essential oil creates a soothing and comforting floral scent.
- Frankincense essential oil increases the activity of leukocytes, which help boost the body's defenses.

How To Use

- Apply generously to feet, wrists, or back of the neck. Valor can be worn as a fragrance.
- If using for the Raindrop Technique, apply Valor first and let it work for five to ten minutes before applying oil.

Did You Know?

- Rosewood oil has been researched at Weber State University for its inhibition rate against bacterial growth.
- Frankincense essential oil is considered holy anointing oil in the Middle East and has been used in religious ceremonies for thousands of years. It is used in European medicine to combat moodiness.
- There are at least fifty-two references to frankincense in the Bible.

What Makes This Product Unique?

Valor Essential Oil Roll-On offers the benefits of therapeutic-grade essential oils in a new application. The roll-on applicator provides a convenient, no-mess application for your favorite essential oils.

Caution

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a healthcare prac-

itioner prior to use. Keep away from eyes and mucus membranes; avoid using on or near sensitive skin.

Valor Testimonials

Valor for exercise discomfort

Author: Bonita Shelby

Posted: Jun 19, 2006

After beginning a new exercise program, I had pain on my left side and hip area. I thought the pain would go away, however, after several days I applied two drops of Valor and immediately the pain was gone. Even though I know the power of Young Living Essential Oils, I couldn't believe the speed of relief!

Valor for calming dogs

Author: Michel Berner

Posted: May 15, 2008

I recently used Valor oil on one of my young dogs who was in her very first dog show. I put 4 drops of Valor in my palms, then applied to the inside of her ear flaps. Within 5 minutes, there was a calm that came over her and she was no longer as nervous about all of the people and other dogs. I re-applied the Valor every hour we were at the show. Valor will now be a staple in my 'dog show bag'!

Valor for long term back issues

Author: Karen Christensen

Posted: Jun 19, 2006

I injured my back about 18 years ago and have had problems with it going out of alignment and chronic pain for years. I have always gone to a chiropractor to get it put back in but once I started using valor on my feet on a regular basis it seemed to help my body to realign itself... I hadn't really noticed any changes until

I went back into my chiropractor and they told me that it had been a year and a half since I had been in (funny how you don't notice your 'good' health...) and THEY teased me that 'it must be the oils'... I had told them all about YL oils the last time I was in and had had them put them on my before my adjustment!

Long story short, I notice that if I use the Valor on a somewhat regular basis on my feet my back may go out of alignment but it is able to correct itself rather than stay out of whack. Love my YLEOs!

Valor works for insomnia

Author: Marci Lakin
Posted: Jun 23, 2008

I found valor to be invaluable for helping me sleep when placing a drop on the bottom of each foot at night. Also gave it to a friend who couldn't sleep through the night due to some heart problems she was having and first night she used it, she slept through the night. She was thrilled

Valor and my "electrical" system

Author: Donna Bath
Posted: Aug 30, 2010

For 7 years my chiropractor had been doing muscle testing on me at each appointment and he was always disappointed that I was not 'electrical.' After using VALOR on my feet one morning, I went to my afternoon appointment with him and he was astonished that I was suddenly 'very electrical!' He is now using VALOR on himself, his wife, his office staff and some of his patients

Joy for my depression, Valor for balance

Author: Peggy Nederlof
Posted: Mar 14, 2010

Last year I experienced depression and felt comatose. It was so unlike me. I heard about

the blend Joy and started to palm inhale it. Within 10 minutes I started to feel better. I continued to use Joy multiple times during the day, and within 2-3 days, I felt as though I could take action and move away from my depression. It was very powerful.

I then started to use Valor every morning on my feet and added that to my routine of breathing in Joy. After a week, I felt so much more balanced that I no longer felt depressed or needed to use Joy as much. Valor is now my go-to oil to start my day

Valor for back pain

Author: Mary Simmons
Posted: Apr 22, 2007

I have gotten great results with Valor. I apply to bottom of feet, lower back, neck and shoulder region every morning. It helps to relieve minor pains and I feel like a new person after applying Valor.

Valor helps with snoring

Author: Cathy Stevens
Posted: Mar 28, 2010

My husband has had problems getting a good sleep, he would snore very loudly and then run out of breath, choke a bit and wake himself up due to not breathing. It's never been diagnosed but we think he has sleep apnea. After he started using Valour on his feet at night, he doesn't snore anymore and breaths normally and we both get a good nights sleep.